

# Proposed Mental Health Intervention for Fort Bend County

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# Problem Statement

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- Due to the shortage of mental health facilities, insufficient capacity and lack of crisis intervention services in Fort Bend County, mentally ill youth, ages 10 -17, do not receive adequate mental health care at the community level which often results in increased burden for the Juvenile Justice System.



# Community Needs

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- Additional community based mental health facilities
- Crisis intervention
- Family management of mental illness
- Funding
- Transportation



# Community Assets

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- FBC Mental Health Association
- Texana
- FBC Juvenile Probation Center
- Oakbend Hospital
- Child Protective Services
- Children's Behavioral Health Association
- Delpelchin Children's Center
- Intracare Hospital



# Intervention

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- Community based mental health facility
  - Crisis intervention
    - Stabilization of medication
    - Intensive short-term therapy
    - 1-3 day stay
  - Ongoing therapy
    - Both youth and family
    - In conjunction with other providers



# Strategies

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- Therapeutic community model
- Various types of therapy
- Stabilization before escalation
- Existing community mental health models
- Diverse funding mix



# Influential Factors

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- Community felt need
- Funding
- Health Care Providers
- Community Partners
- Facility Availability

# Desired Results-Outputs

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- Once completed or under way these activities will produce the following evidence of service delivery:
  - # clients receiving services per year, for both outpatient and crisis intervention
  - # receiving follow-up services (@ 1 and 6 months)
  - # and type of staff
  - # and type of referral
  - # of client's social networks
  - Cost for each type of therapy

# Desired Results-Outcomes

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- If completed or ongoing these activities will lead to the following changes in 1-3 years then 4-6 years:
  - Change in behavior of families dealing with mental illness (seeing it as a family centered approach)
  - Decrease in % of youth in juvenile justice system receiving mental health services (long term)

# Desired Results-Impacts

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- If completed these activities will lead to the following changes in 7-10 years:
  - Decrease # youth in juvenile justice system due to mental illness
  - Less need for crisis intervention due to better management of mental illness



# Evaluation of CBMHF

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- Audiences for our report
  - Funders
  - Parents/Families served
  - Other Mental Health Service Providers
  - Staff



# Questions???

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## ■ Context Questions

- Who are our funding sources?
- Who are our partners?
- What is the community and political attitude towards such an organization?
- What are the types of cases seen by similar organizations working in the community?
- How many patients can we serve?
- How many and what type of staff do we need?
- What resources do we need?
- How often should we summarize our evaluation?



# Questions???

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## ■ Implementation Questions

- How do our patients come to know about us?
- Are patients satisfied with our services?
- Where from & how many referrals does the clinic receive, per evaluation period?
- How many clients receive crisis- intervention / out-patient / in-patient services, per evaluation period?
- How many patients require follow-up services?
- What is the average cost per service?
- Is the staff happy with how we run our clinic?
- How is our money being spent?
- Is our program cost effective?



# Questions???

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## ■ Outcomes Questions

- Are there documented changes in behavior of families dealing with mental illness?
- Has the % of juveniles requiring mental health services in the justice system changed?
- Has the need for crisis-intervention changed?



# Indicators

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- Budget reports, list of partnerships, patient surveys, staff survey, public data on the problem, data from similar organizations, data from medical charts/EMR, e.t.c.



# Technical Assistance Needed

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- Staff, survey design tech-staff, chart review/EMR, cooperation from similar organizations.



Thank You